

HELICOPTER HEROES

READ



MILA'S STORY

**TURN
YOUR
SCHOOL
GREEN!**

Join us...

Welcome to the second edition of our schools newsletter!

We're delighted to share this new edition with you and provide our latest updates. Our team of volunteers have been busier than ever, visiting schools, delivering assemblies, and inspiring students with our lifesaving mission. From dedicated staff to engaged young learners, every one of you plays a vital role in helping us continue our critical work—thank you!

This issue is packed with updates and opportunities to get involved. You'll:

- Be inspired by a real-life patient story that brings our work to life,
- Discover ways to join the fun and turn your school green to support our vital service,
- Have a free resource to photocopy and use in your classrooms.

Every step of the way, your generosity, enthusiasm, and kindness enable us to continue transforming lives. We're immensely grateful for your support and dedication, which makes everything we do possible.

As always, we'd love to hear from you! Whether it's your feedback, ideas, or stories, your voice matters to us, please contact schools@theairambulance.org.uk. Let's continue making a difference together - one bright green step at a time. With heartfelt thanks,

Donna

All the best, Donna
Director of Fundraising

WELCOME



MILA'S STORY

Emily Arnott, a 24-year-old teacher from Wakefield, recalls how the worst day of her life turned into the best after she and her premature baby, Mila, were safely flown home by the Children's Air Ambulance (TCAA).



After stabilising in Brighton for four days, arrangements were made to transfer Mila closer to home. With TCAA's state-of-the-art incubator and a specialist team from Embrace, Mila was safely prepared for the flight. Accompanied by Emily, the helicopter completed the 261-mile journey to Wakefield in just 90 minutes - a trip that would have taken over five hours by road.

In August 2023, Emily was 30 weeks pregnant and on holiday in Brighton when she suddenly experienced heavy bleeding. She was rushed to the Royal Sussex Hospital, where doctors delivered Mila by emergency C-section within 30 minutes of her arrival. Born nine weeks early, Mila weighed just 3lb 8oz and needed neonatal care.

Mila spent a month in her local hospital before being discharged and is now a happy, healthy baby. "Looking back, it was the worst day of my life, but also the best - I didn't think I'd go home with a baby. I'm so grateful for TCAA's support," Emily shares.



MISSION STATS

Our clinically designed aircraft provide a flying intensive care unit for transferring babies and children that need to receive urgent care.

£3,600

Average Mission Cost

1,092*

Total Missions



2

Aircraft



4 x Faster
Than Road

2

Airbases
covering
the UK



11
NHS Clinical
Team Partners



*These figures reflect our missions from inception in 2013 - 28 Feb 2025

TURN YOUR SCHOOL GREEN

AND SUPPORT CHILDREN'S AIR AMBULANCE!

We're calling on all schools to turn green and help us light up our communities in support of our lifesaving work! Together, we can make a huge difference and keep our helicopters flying to save lives.

Organising your Big Wear It Green Day couldn't be easier! Just follow these simple steps to spread the fun vibes and raise vital funds:



1 SAY 'YES'

Say a big 'YES' to taking part and register your event with us to grab your FREE fundraising pack!

2 CHOOSE A DATE

Choose a date, mark it on your school calendar, and shout about it to your school community.

3 INVITE

Invite the whole school community to wear something bright green to school and donate just £1 each.

4 HAVE FUN

Once the fun is over and the donations are in, let us know, and we'll guide you on sending them to us!

Want your students to learn more about our service?

We'd love to share our story! Contact us to request a copy of our assembly presentation or book a virtual assembly by emailing schools@theairambulance.org.uk

Together, we can make a real difference, ensuring our helicopters stay in the sky and we are there when every second counts.

With your incredible support we can save even more lives, one bright green step at a time!



COFFEE BREAK



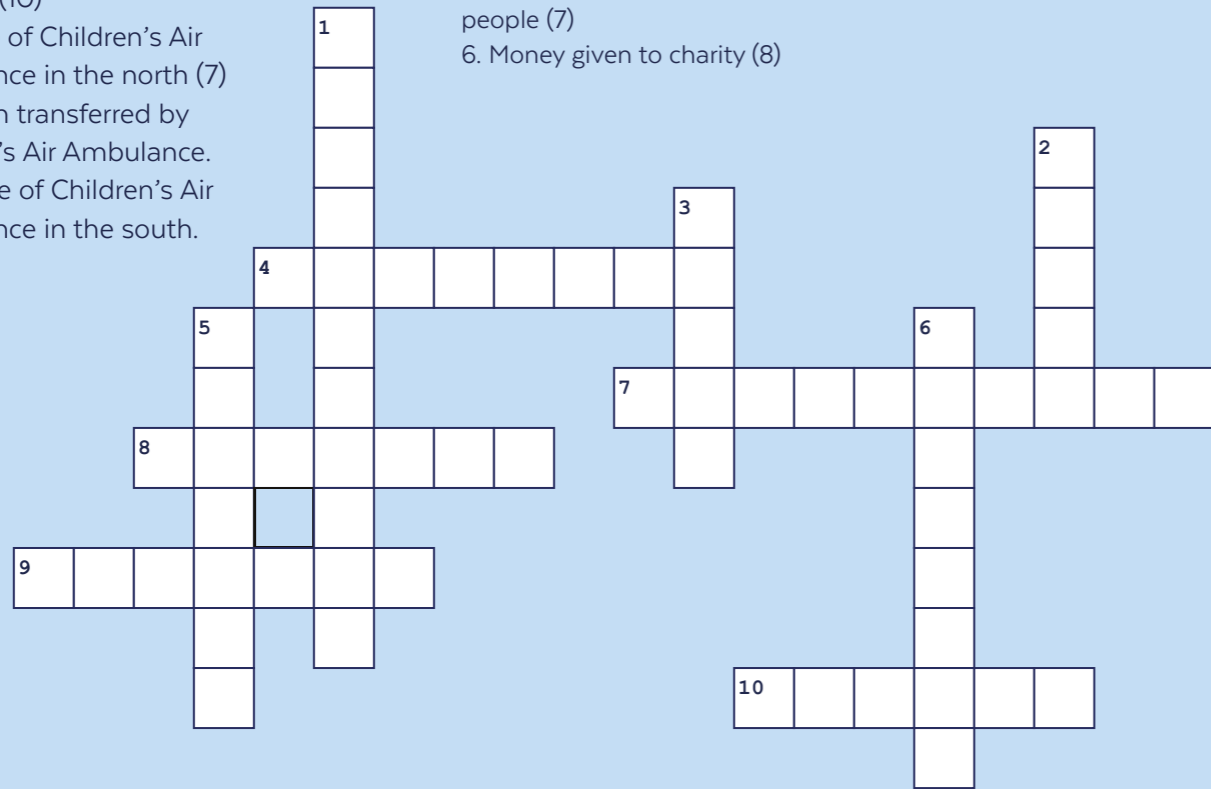
SIT BACK AND RELAX WITH A HOT DRINK AND A GOOD PUZZLE...

ACROSS

- 4. Activity flying patients from one hospital to another (8)
- 7. The flying vehicle used by Children's Air Ambulance services (10)
- 8. Home of Children's Air Ambulance in the north (7)
- 9. Person transferred by Children's Air Ambulance.
- 10. Home of Children's Air Ambulance in the south.

DOWN

- 1. Activity to raise money (11)
- 2. Person flying the helicopter (5)
- 3. Colour of Children's Air Ambulance (5)
- 5. Organisation set up to help people (7)
- 6. Money given to charity (8)



THE BIG WEAR IT GREEN WORDSEARCH

Look for the hidden words associated with the color green, in the puzzle.

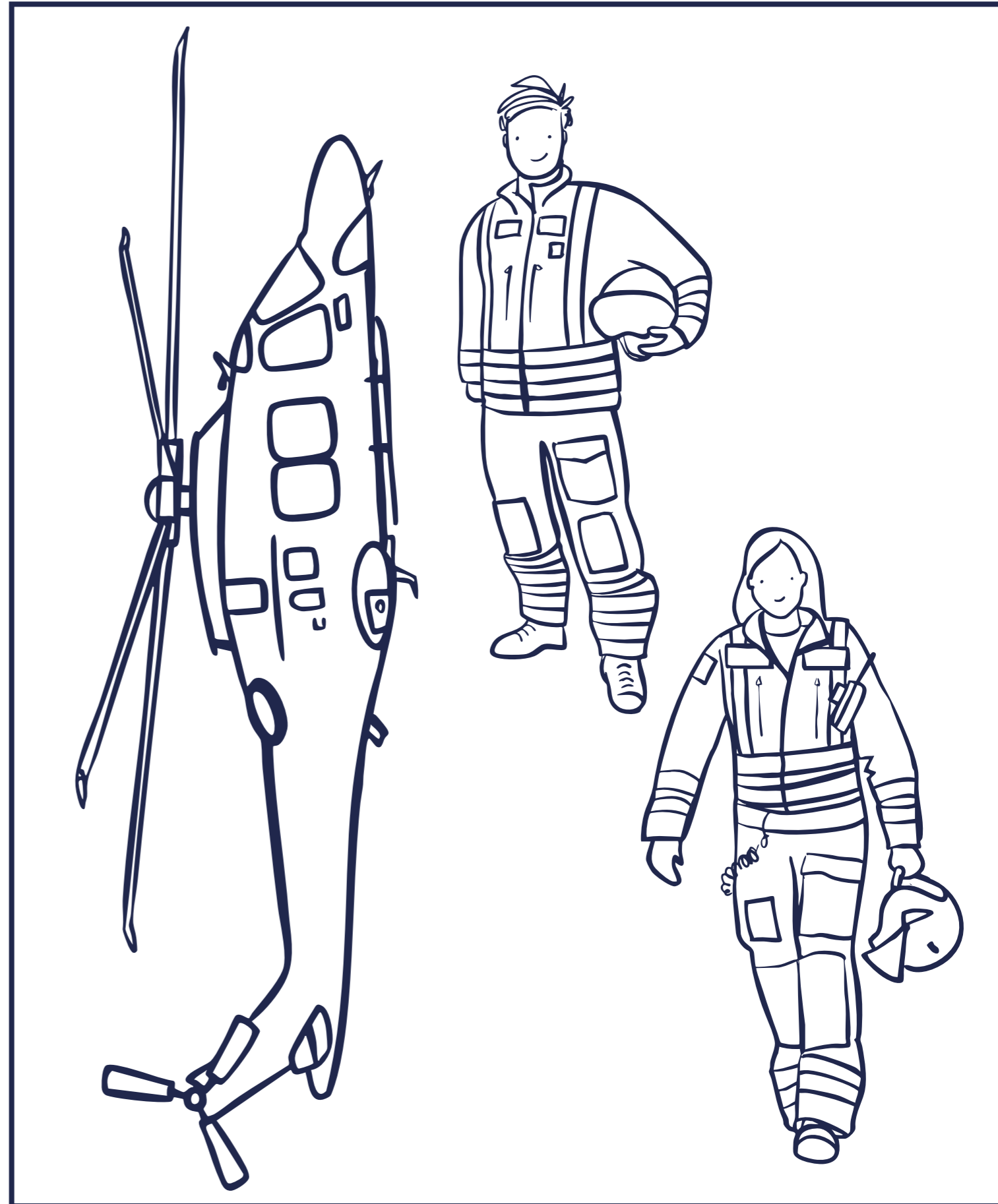
- | | |
|-----------|---------------|
| SPINACH | CUCUMBER |
| FROG | WEAR IT GREEN |
| LIME | LEAVES |
| VERDE | MINT |
| GREEN TEA | BROCCOLI |
| EMERALD | ENVY |
| PEAS | HELICOPTER |

N W T R M E S M A M I N T D
 R E F R O G A E O R R M V L
 R A N R I M E E M E R A L D
 V R L G H L P R N V T N N V
 S I E R E U O N S E E T E L
 P T A E L R E C L W C R E D
 I G V E I R E R C E C E D O
 N R E N C V L E S O T E L E
 A E S T O W O B V R R G L N
 C E E E P O S M R E H B I E
 H N N A T I C U I P E E F S
 L I M E E R A C V N T O N E
 E G S D R V H U C R R R E A
 I L W Y V N E C N L N E N R

CLASSROOM RESOURCES

PHOTOCOPIY ME TO USE IN YOUR CLASSROOMS!

Help give our helicopter and crew members a new look! Cut out, photocopy and use this resource in your classrooms and let creativity fly. Why not complete this activity during your Big Wear it Green event to add a little extra sparkle!



FREE EDUCATIONAL RESOURCES



We have a range of free educational workshops for you to download and use in your classrooms, covering all aspects of charity work and a deeper look into helicopters including:

- ▶ WHAT IS A CHARITY?
- ▶ HOW DO VOLUNTEERS HELP CHARITIES?
- ▶ WHAT MAKES A GOOD TEAM?
- ▶ WHAT IMPACT DO CHARITIES HAVE?
- ▶ HOW DOES A HELICOPTER FLY?
- ▶ WHERE DO HELICOPTERS LAND?



Each workshop feeds into the elements of the curriculum. To view and download the resources, visit: theairambulance.org.uk/get-involved/school-fundraising-ideas



FANTASTIC FUNDRAISERS

A huge thank you to all the schools that have supported us with fundraising activities, raising awareness, or welcoming us to host assemblies. Your support means the world to us, and we're incredibly grateful for each and every one of you. Here's a spotlight on just a few of the amazing schools that have generously supported us over the past few months.



Eversholt Lower School



Southill Lower School



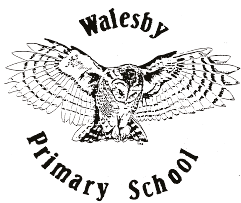
John Henry Newman Academy



Ranskill Primary School



Orchard Meadow Primary School
The best in everyone™
Part of United Learning



Derwent Primary School
"Share the love of learning"



Broadmead Lower School
Belonging, Learning, Succeeding



GET IN TOUCH

Our team would love to hear from you, from helping with fundraising queries, booking assemblies or to give us feedback. Please drop us a line at schools@theairambulance.org.uk

