

## ANNEX 1: DIAGRAM OF TOURNIQUET APPLICATION



1. Remove tourniquet from packet



2. Place tourniquet around limb and pass free end through the inside slit of the buckle.

Pass the free end through the outside slit of the buckle and pull tight



3. Twist the rod until bleeding stops



4. Lock the rod in place under the clip



5. Secure the rod with the strap and record the time of application