

# Minimalism Challenge

# CHECKLIST

## Week 1 - Basics

- Kitchen cupboards
- Car clear out
- Handbag / backpack
- Post and mail
- Airing cupboard
- Junk drawers
- Garage

## Week 2 - Tech

- Phone apps
- Email and inbox
- Cables and chargers
- Old phones
- Electronics and gadgets
- CDs
- DVDs

## Week 3 - Accessories

- Clothing accessories
- Headphones
- Underwear and sock drawer
- Purse or wallet
- Jewellery Box
- Toiletries
- Coats and Jackets

## Week 4 - Other

- Fridge and Freezer
- Subscriptions / Memberships
- Box up for ClickSit
- Stationery and crafting
- Books
- Medicine
- Set reminder for next year