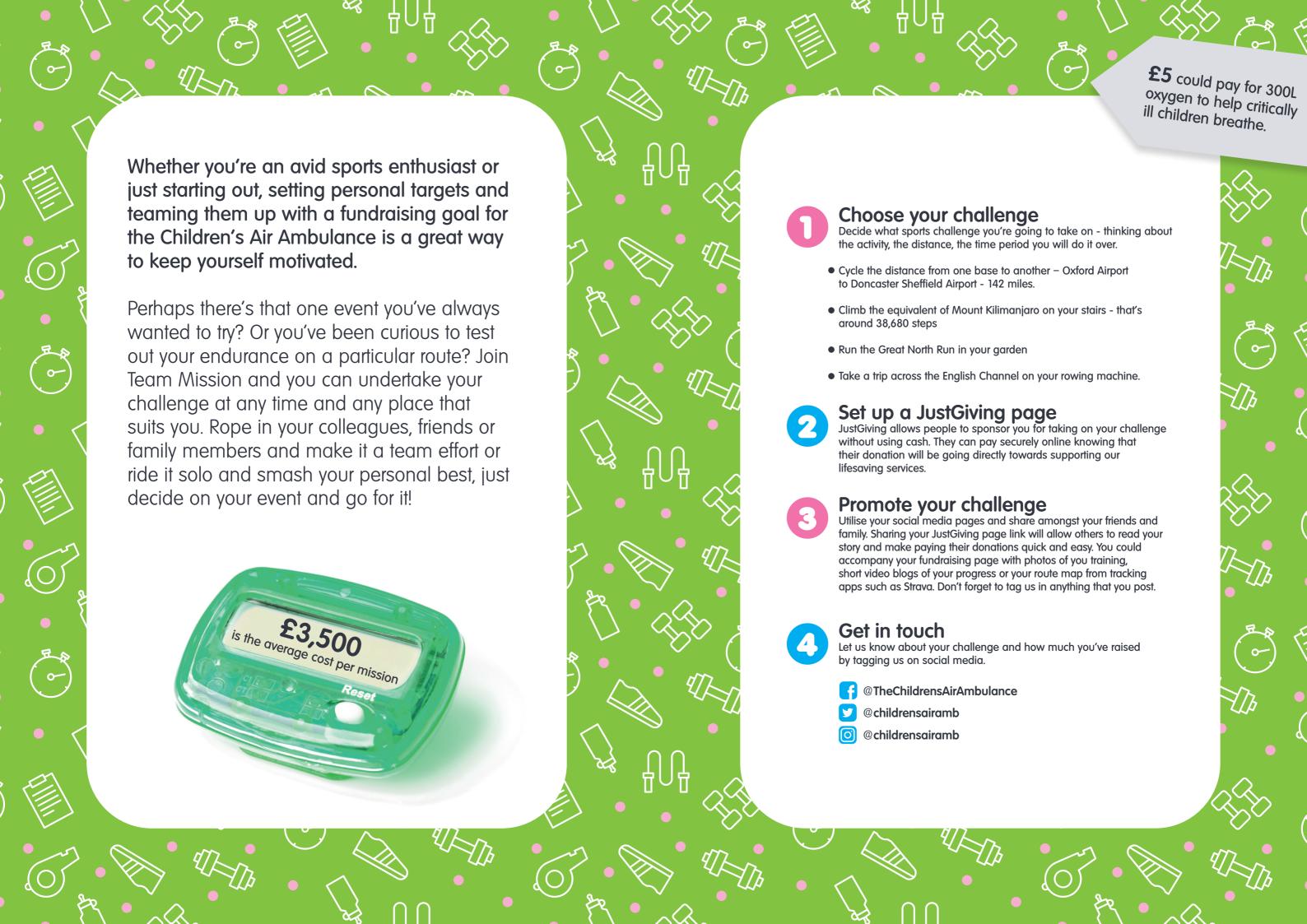


Virtual fundraising:

Take part in a sports challenge





£24 could pay for a pair of children's ear defenders to protect little ears from our noisy rotors.

Hints and tips

- Livestream yourself taking part in your challenge and add the livestream video to your JustGiving page. This makes it easy for your supporters to keep up with your progress, encourage you and donate towards your challenge throughout the duration of your fundraiser.
- Connect your Strava account to your fundraising page and social media so that your supporters can keep a track on your training and progress - this is also a great way to keep yourself motivated, accountable and to see how far you've come.
- Please ensure you are following the most up to date government guidance when completing any activity that requires you to leave your home or have contact with others, outside of your own household.



Team Mission

By becoming part of Team Mission you will be part of a wider group of supporters who are challenging themselves to their limits while raising vital funds for our lifesaving charity.

Our team will be there with you every step of the way - we will provide you with support, motivation and inspiration to take on your challenge and achieve your personal goals.



Feeling inspired?

Visit our website to find out about more ways to support us.

Children's Air Ambulance is an inter-hospital transfer service flying critically ill babies and children from one hospital to another for specialist care.

With our ability to fly approximately four times faster than a land ambulance, we can minimise travel times and the risk for little patients.



- **(** 0300 3045 999
- fundraising@childrensairambulance.org.uk
- childrensairambulance.org.uk



