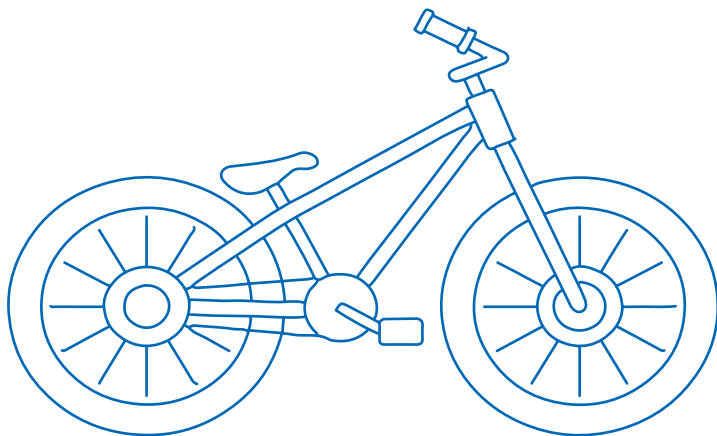
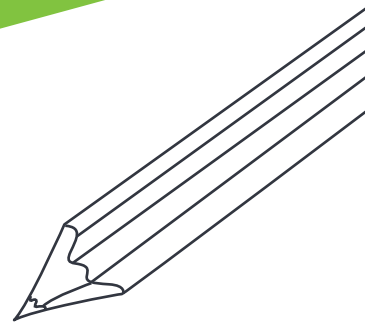


#TheCrew

Stay at Home

Activity Pack



children's
air ambulance

keeping hope alive

Colour me in

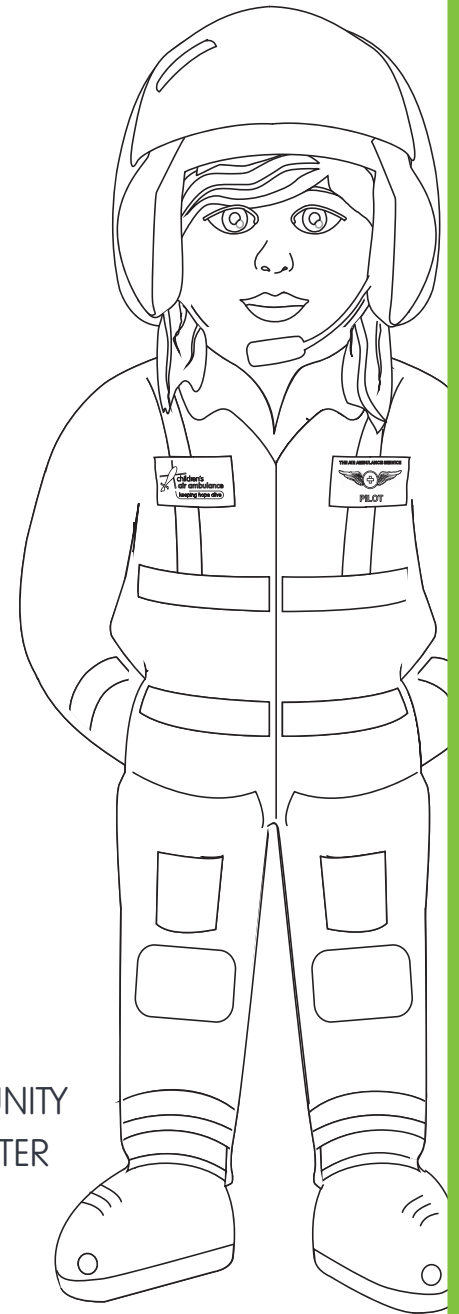


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Put your skills to the test and find the hidden words.



E	O	T	A	I	R	H	T	X	Y	F	R
H	C	C	R	B	F	H	B	T	Q	U	E
O	O	N	U	A	E	L	I	E	H	N	E
S	Z	L	A	C	N	N	Y	E	M	D	T
P	C	T	R	L	U	S	L	J	E	R	N
I	E	E	O	M	U	I	F	E	V	A	U
T	W	R	M	L	C	B	R	E	A	I	L
A	T	O	C	O	I	F	M	S	R	S	O
L	C	C	P	T	E	P	D	A	B	I	V
D	B	T	C	H	I	L	D	R	E	N	I
U	E	A	C	L	E	V	A	R	T	G	P
R	G	N	I	V	A	S	E	F	I	L	Y



AIR
CHILDREN
FLY
HOSPITAL
THECREW
VOLUNTEER

AMBULANCE
CLUB
FUNDRAISING
LIFESAVING
TRANSFER

BRAVE
COMMUNITY
HELICOPTER
PILOT
TRAVEL

Instructions: Search up, down, forward, backward, and on the diagonal to find the hidden words.

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Neighbourhood Scavenger Hunt



Get creative with your exercise time* and turn it into a scavenger hunt!

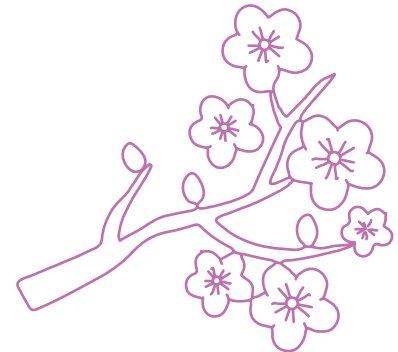
We've created a list of things to look out for but you can add your own things too.



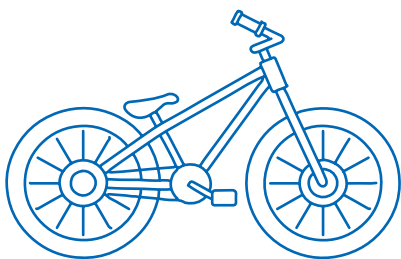
Green leaf



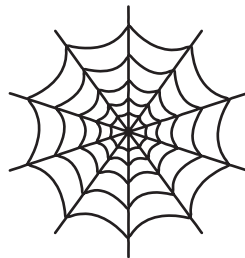
Bird



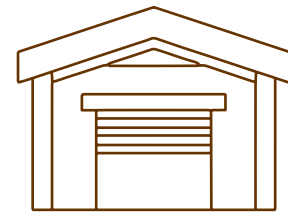
Blossom on a tree



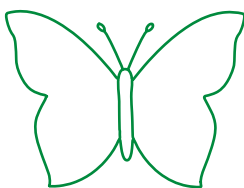
Bicycle



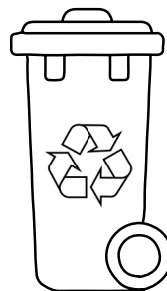
Spiders web



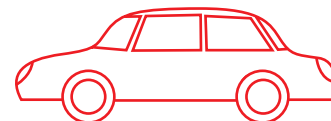
An open garage door



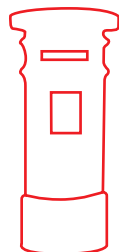
Butterfly



Recycling bin



Red car



Post box



Dog



Daffodil

*Please ensure you are following the current government guidelines in regards to leaving your home.

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Make something awesome



Turn your trash into treasure with these awesome ideas.

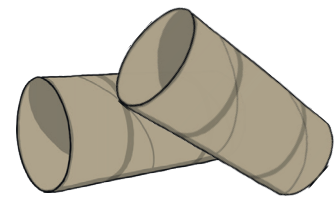
'Trashion' show - put your creative skills to the test and make runway ready outfits out of items that would have been thrown away.

Empty cereal boxes make great musical instruments or amazing robots.

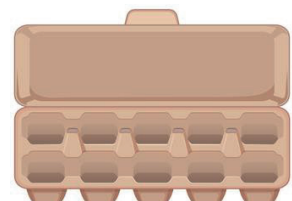


Make cars/helicopters out of old boxes, pop on your favourite film and create your own drive in movie theatre.

Use empty cardboard tubes to make a rocket ship or Easter bunny.



Turn an egg box into a pirates treasure chest or sail boat.



We'd love to share your creations so take a photo and email it in to thecrew@childrensairambulance.org.uk

Join #TheCrew at [childrensairambulance.org.uk/thecrew](https://www.childrensairambulance.org.uk/thecrew)

Write a postcard to our crew/keyworkers

Not all superheroes wear capes

Our crews are our superheroes and are still on call, ready at a moment's notice to jump into action to save a life. They'd love to hear from you right now so why not write them a message of encouragement and support. Print and use the template below or create your own.

Once complete, take a picture and email it to us at thecrew@childrensairambulance.org.uk and we will pass your messages on to them.



To Children's
Air Ambulance

Name: Age:

Join #TheCrew at [childrensairambulance.org.uk/thecrew](https://www.childrensairambulance.org.uk/thecrew)

Chocolate Brownie Recipe



Ingredients

275g (10oz) butter, softened
375g (13oz) caster sugar
4 large eggs
75g (3oz) cocoa powder
100g (4oz) self-raising flour
100g (4oz) plain chocolate chips

Essential kit

You will need a
30 x 23 x 4cm
(12 x 9 x 1 half inch)
traybake or roasting tin.

Instructions

Preheat the oven to 180°C/Fan 160°C/gas 4. Cut a rectangle of non-stick baking parchment to fit the base and sides of a 30cm x 23cm x 4cm traybake or roasting tin.

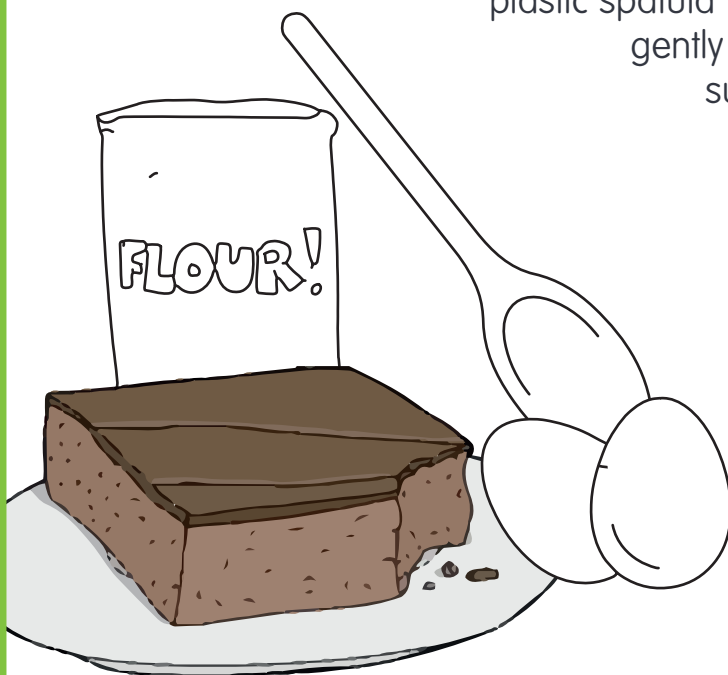
Grease the tin and then line it with the paper, pushing it neatly into the corners.

Measure all the ingredients into a large bowl and mix with a hand-held electric mixer until evenly blended.

Spoon the mixture into the prepared tin, scraping the sides of the bowl with a plastic spatula to remove all of it. Spread the mixture gently to the corners of the tin and level the surface with the back of the spatula.

Bake for 40–45 minutes, until the brownies have a crusty top and a skewer inserted into the centre comes out clean.

Cover loosely with foil for the last 10 minutes if the mixture is browning too much. Allow the brownies to cool in the tin and then cut into 24 squares. Store in an airtight tin.



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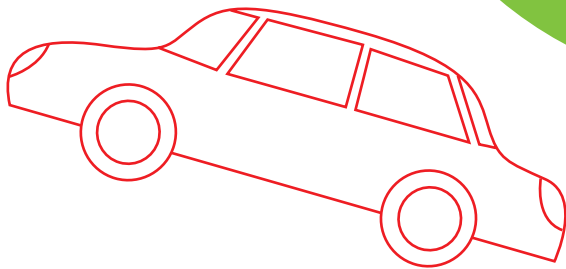
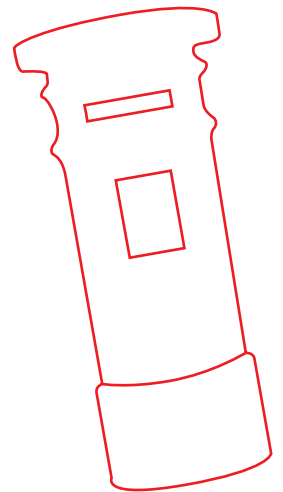
#TheCrew is an exclusive club for children and young people who want to support our vital service.



If you're not a member

Join today!

It's free and you get an awesome welcome pack.



childrensairambulance.org.uk/thecrew